



TOUR YAMAGATA

Other Experiences Across Yamagata Prefecture / 其他體驗項目



SHONAI AREA



Zen Meditation in Shonai

Take part in special zen meditation sessions with the monks of Yamagata Prefecture's ancient temples.



SHONAI AREA



Yamabushi Training

Take part in special spiritual experiences designed and run by the Yamabushi mountain monks of Yamagata.



SHONAI AREA



在庄內的寺廟裡體驗坐禪

在寺廟靜寂的氛圍裡體會不一樣的坐禪。



SHONAI AREA



山野修行訓練

體驗山形縣當地的山野修行僧獨創的精神文化。



TENDO



Yamagata Fruit Picking

Yamagata Prefecture is one of the most famous fruit producing regions in Japan. It has a plethora of farms where you can enjoy fresh fruit right in the orchards. Fruit availability varies throughout the year.



TENDO



Shogi Chess Piece Painting Experience

Make your own shogi chess piece in Tendo City! You can paint a character of your choice and take it home with you.



TENDO



採摘水果體驗

山形縣可是有名的水果王國，根據不同的季節，您可以體驗到採摘櫻桃、葡萄、蘋果等多種水果採摘體驗。



TENDO



象棋書法體驗

在象棋之鄉天童市開設了象棋書法體驗。在棋子上寫下您最喜歡的文字。您還可以將完成品帶回去當作紀念品或禮品送人。



YAMAGATA



Yamadera Guided Morning Hike

Climb up the steps of Yamadera Temple and learn about the incredibly deep history of this ancient Buddhist complex. This fully guided morning hike will take us up before the crowds arrive at Yamadera.



YAMAGATA



Yamagata City Izakaya Course

Enjoy a special 2 hour dinner and drinking course right in the heart of downtown Yamagata City. This course includes all you can drink sake, umeshu, and various mixed drinks.



YAMAGATA



徒步郊遊山寺

日本詩人松尾芭蕉曾在他的詩句裡提到過山寺，山寺也因此而知名。在清晨清爽宜人的空氣裡，隨同導遊一起，我們徒步爬上山寺吧！爬上1000階以上的石階，等待您的將是絕世美景。



YAMAGATA



在山形市內的居酒屋享用晚餐 (附帶飲品隨意喝)

這方案是在山形市內的居酒屋裡享用2小時晚餐加飲品隨意喝。飲品隨意喝包括山形縣的日本清酒、梅子酒、雞尾酒等。



Yamagata Cycling Tours

Explore the pristine nature and quiet villages of Yamagata on specially designed cycling tours to help you make the most out of your visit to the countryside.



Culinary Programs

From soba noodle workshops to mountain vegetable harvesting, Yamagata has a huge variety of culinary programs to experience this region's rich culinary arts.



山形縣騎單車之旅

來趟單車之旅，享受寧靜又充滿大自然的的山形吧。



各種料理項目

體驗做蕎麥麵和收穫山野菜等，山形縣有許多豐富的有關料理的項目。