

## INTRODUCTION

Yamagata is a region nestled within the mountains of Northern Japan rich in hidden gems to discover. From its culinary excellence, plethora of pristine spiritual destinations, and lively local night scenes; there is no shortage of adventure and discovery to be had in this beautiful region.

This guide will introduce a variety of night and morning programs that will help you experience the best that Yamagata Prefecture has to offer.

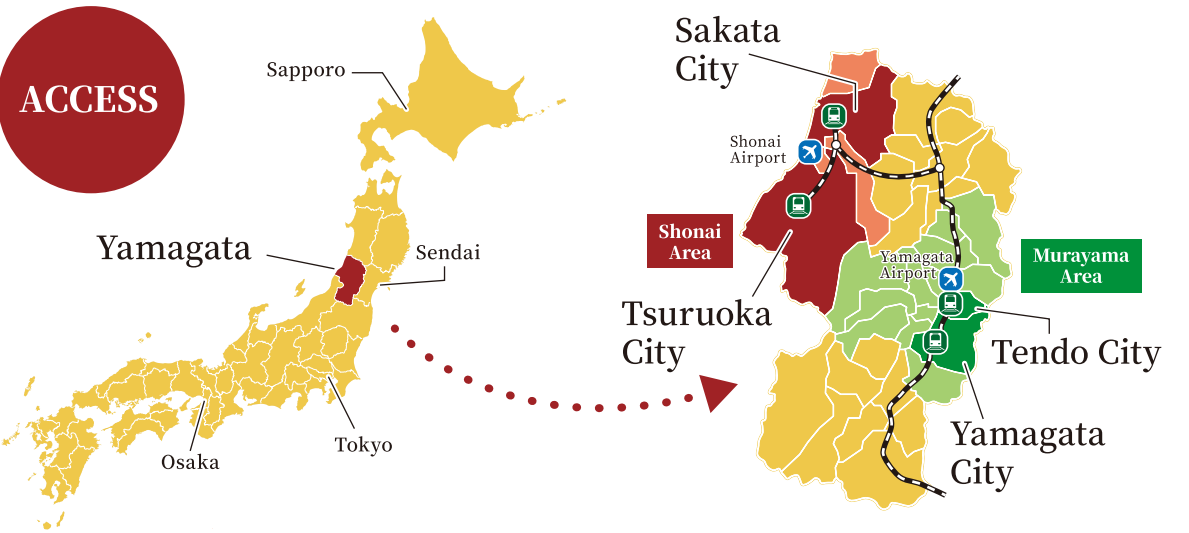
山形縣是一個擁有豐富的海洋,高山和河流等自然風光的地區。豐富的飲食文化,精神文化,夜間活動...這片美麗的土地充滿了各種魅力。在這本指南裡,我們為您介紹了在山形縣可以享受到的夜晚與清晨的體驗項目。



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- ...SHONAI AREA
- ...TENDO
- ...YAMAGATA



### ■ Tokyo to Shonai Area / 從東京到庄內

Tokyo Station to Tsuruoka and Sakata Station (approximately 4-5 hours via JR)

Narita Airport to Shonai Airport (approximately 1 hour via Jetstar)

Haneda Airport to Shonai Airport (approximately 1 hour via ANA)

從東京站到鶴岡站或酒田站(乘坐JR電車約4~5小時)

從成田機場到庄內機場(搭乘捷星航空約1小時)

從羽田機場到庄內機場(搭乘ANA全日空航空約1小時)



### ■ Tokyo to Yamagata City / 從東京到山形市

Tokyo Station to Yamagata Station (approximately 2-3 hours via JR)

Haneda Airport to Yamagata Airport (approximately 1 hour via JAL)

從東京站到山形站(乘坐JR電車約2~3小時)

從羽田機場到山形機場(搭乘JAL日本航空約1小時)



### ■ Yamagata City to Shonai Area 從山形市到庄內

Yamagata Station to Tsuruoka Station (approximately 2 hours via bus)

Yamagata Station to Sakata Station (approximately 2.5 hours via bus)

從山形站到鶴岡站(乘坐巴士約2小時)

從山形站到酒田站(乘坐巴士約2.5小時)



### ■ Yamagata City to Tendo City 從山形市到天童市

Yamagata Station to Tendo Station (approximately 20 minutes by JR)

從山形站到天童站(乘坐JR電車約20分鐘)

